Platinum Slugger Membership <u>ATHLETES HQ</u> COMMITMENT TO EXCELLENCE

## WHAT DOES THE PLATINUM SLUGGER PLAN INCLUDE?

Athletes who are accepted into the program will be given..

#### LONGER 1-ON-1 TRAINING SESSIONS

(4) 1-hour training sessions every 4 weeks to book at their convenience.

#### OPTION FOR PRIORITY SCHEDULING EACH MONTH

Athletes will be given priority scheduling of their choice if they want to book in advance through their instructor.

#### INDIVIDUALIZED TRAINING PROGRAM

After the initial session athletes will be given a training program to follow both at-home and anytime they hit outside of their 1-hour training sessions at AHQ. This program will be tailored to their individual needs.

#### VIDEO SHARING AND INSTRUCTOR ACCESS AROUND THE CLOCK

Athletes will be given access to our video-sharing app so they can record themselves performing the drills in their individual program so the instructor can keep up with their at-home development and ensure they are executing the drills properly.

#### POST-GAME EVALUATION SHEET AND REVIEW WITH ATHLETES HQ STAFF

Athletes in the program will fill out a 'post-game eval sheet' so that the Athletes HQ staff can do exactly what college and pro hitting coaches do when helping players work through in-season adjustments.

#### MEMBERS ONLY EXCLUSIVE EVENTS EACH MONTH

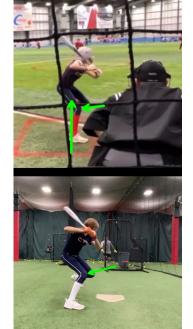
Each month there will be 'Members Only' events such as group hitting nights, conference calls with college and/or pro coaches and players, recruiting help, guest speaker events, and other exclusive content.

#### ADDITIONAL TRAINING OPPORTUNITIES AT A DISCOUNTED RATE

If athletes wish to train additional sessions they will be able to purchase additional 1-hour sessions at a discounted rate.









### **BEFORE YOU APPLY ASK YOURSELF THIS**



"Does my athlete..."

... have the ability to work independently outside of required lessons or practice?

... show they have a desire to get better every day without being pushed?

... prioritize their development when they could choose other activities?

... want to be the best they can be?

# PLATINUM SLUGGER MEMBERSHIP - \$500 per month

The Athletes HQ Commitment to Excellence Program is a subscription membership

Athletes inside the program will be billed the month prior so they can take advantage of their scheduling privileges for the upcoming month. They will also get to see what the group events are for the upcoming months and they can RSVP for those events as soon as they know they can make it.

Ex: Athlete is billed on April 1st for May scheduling

There are only going to be a limited number of athletes accepted to the group, so if an athlete ever cancels they are taking the chance that a new member will be accepted and they will have to go on the wait list.

Athletes and/or parents will need to bring their smart phones and/or tablets to the first session so they can get the video share app set up and shown how to use it. The initial session will also be the evaluation that the individualized program is built off of. All of the data, video, and content will be shared through the video sharing app.

Subscriptions are billed the month before scheduling so that members can take advantage of the priority scheduling opportunities. Athletes are expected to book all sessions ahead of time, but in the event that they cannot get all sessions in they will be able to carry over unused sessions.



# **Yearly Payment Calendar Overview**

The AHQ Commitment to Excellence Program will have some breaks/down time and partial payment months due to the seasonality of baseball and softball.

The following calendar is a rough overview of the focus for the athlete as well as the payments that will be made in accordance to training and playing.

In the event that a month is cut short due to holidays or school vacation periods, the members will get a refund based on the prorate of the 4-week payment period.

## **Payment Calendar**

January—Potential Partial Payment due to AHQ Shutdown during Christmas and New Year

February—Full Payment

March—Potential Partial Payment due to School Spring Break

\*Parents must communicate ahead of time if they have a conflict that ABSOLUTELY prevents them from coming in for the entire 6-8 day vacation period\*

April—Full Payment

May—Full Payment

June – Full Payment

July—Full Payment

**August**—NO PAYMENTS. Month Off. Members can purchase 1-hr or 30-min lessons at a discounted rate if they choose to train in August

September—Full Payment

October—Full Payment

November—Full Payment

December—Potential Partial Payment due to AHQ Shutdown during Christmas and New Year